Zero HAIs: Is This a Reality?

Preventing Healthcare-Associated Infections:



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CONFLICT OF INTEREST

- I hereby certify that, to the best of my knowledge, no aspect of my current personal or professional situation might reasonably be expected to affect significantly my views on the subject on which I am presenting, other than the following.
 - Speakers Bureau:
- Ethicon
- CareFusion
- Cepheid

Staphylococcus Aureus

- Most important pathogen in SSI and also a key pathogen in CLABSI
- Most SSI caused by strains carried by patient into hospital
- Anterior nares main niche
- Nasal carriage of *S. aureus* is risk factor for SSI [Kluytmans et al, Clin Microbiol Rev 1997]



Why We Should Screen for MRSA and MSSA Prior to Surgery and Screen for MRSA Before Admission?

MRSA vs. MSSA

- Infection associated with higher mortality [Melzer et al, Clin Infect Dis 2003]
- Survive in dry conditions & on inanimate surfaces up to 20 days or longer [Clarke et al, Ir Med J 2001]

Prevalence increasing [McAdam, et al. Proceedings of the Nat Academ of Sciences, 2012]

History of MRSA



- Resistance to PCN within 1 yr
 - By 1950's, 3/4 of S. aureus strains PCN-resistant
 - Today, 90-95% clinical strains PCN-resistant
- 1959—methicillin (1st antistaph PCN) introduced
 - 1st MRSA strain within 2yrs
 - 60% of clinical S. aureus strains isolated from ICU's are **MRSA**

Resistance to New and Older Antibiotics Increasing



Vancomycin Resistance

- Recognized after almost 40 yrs
 - 1st glycopeptide-intermediate S. aureus (GISA) isolated in Japan in 1996 [Hiramatsu et al, J Antimicrob Chemother 1997]
- High level resistance appeared in Detroit in 2002
 - VanA gene complex acquired from VRE [Centers for Disease Control and Prevention, MMWR Morb Mortal Wkly Rep 2002]
- 2nd strain in Philadelphia
- 3rd strain in New York



MIC Creep toward resistance

- Increases in vancomycin MIC in both MRSA & MSSA over time [Rhee et al, Clin Infect Dis 2005]
- Largest study of >6000 S. aureus isolates over 5 yrs in California university hospital
 - Drift towards reduced susceptibility
 - Ting percentage of isolates with MIC ≥ 1.0 µg/mL
 - 19.9% in 2000
 - 70.4% in 2004 [Wang et al, J Clin Microbiol 2006]

MIC Creep

- T'd Vancomycin failure rate in MRSA infections in setting of T'd MICs
 - [Sakoulas et al, J Clin Microbiol 2005]



Linezolid (Zyvox)

Introduced in 2000 for MRSA

Research letters

Linezolid resistance in a clinical isolate of Staphylococcus aureus Sotirios Tsiodras, Howard S Gold, George Sakoulas, George M Eliopoulos, Christine Wennersten, Lata Venkataraman, Robert C Moellering Jr, Mary Jane Ferraro

-Resistant strain reported within 1 year [Tsiodras et al, Lancet 2001]



Daptomycin (Cubicin)

Introduced in 2003 for MRSA

Daptomycin-Resistant, Methicillin-Resistant Staphylococcus aureus Bacteremia

A. Mangili, I. Bica, D. R. Snydman, and D. H. Hamer*

Division of Geographic Medicine and Infectious Diseases, Department of Medicine, Tufts-New England Medical Center and Tufts University School of Medicine, Boston, Massachusetts

• Resistant strain reported within 2 years [Mangili et al, Clin Infect Dis 2005]

Relative Economic Burden Associated with HAIs

	Est. Annual # of Infections	Direct Cost per Patient (2007\$)	Avg. Increased Length of Stay	Attributable Mortality
• SSI Surgical Site Infections	290,485 (~17% of HAIs)	\$34,670	~12 days	4%
CLA-BSI Central-Line Associated Blood Stream Infections	248,678 (~14% of HAIs)	\$29,156	~10-24 days	26%
VAP Ventilator Associated Pneumonia	250,205 (~15% of HAIs)	\$28,508	~9-13 days	24%
• CA-UTI Catheter-Associated Urinary Tract Infections	561,667 (~32% of HAIs)	\$1,007	1 day	1%
Other / MDROs* Multi-Drug Resistant Organisms (MRSA, C. difficile, VRE, etc.)	386,090 e.g.(~22% of HAIs)	~\$30,000	~9.1 days	~4%

* NOTE: MDRO often cause other infection types (e.g., SSI, BSI, VAP, UTI); MDRO statistics reflect CDC estimates for methicillin-resistant Staphylococcus aureus (MRSA)

only. SOURCES: Klevens, et al., "Estimating Health Care-Associated Infections and Deaths in U.S. Hospitals, 2002;" *Public Health Review*, 2007; CDC: "The Direct Medical Cost of HAIs in U.S. Hospitals and the Benefits of Prevention", March 2009; Kirkland, et al., "The Impact of Surgical Site Infections", Infect Control Hosp Epidemiol, 1999; Arch Internal Med, 1988; Arch Internal Med, 1974; Infect Control Hosp Epidemiol, 2002; CareFusion MedMined Analysis, 2009.

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Pathogens survive on surfaces

Organism	Survival period
Clostridium difficile	35- >200 days. ^{2,7,8}
Methicillin resistant Staphylococcus aureus (MRSA)	14- >300 days. ^{1,5,10}
Vancomycin-resistant enterococcus (VRE)	58- >200 days. ^{2,3,4}
Escherichia coli	>150- 480 days. ^{7,9}
Acinetobacter	150- >300 days. ^{7,11}
Klebsiella	>10- 900 days. ^{6,7}
Salmonella typhimurium	10 days- 4.2 years. ⁷
Mycobacterium tuberculosis	120 days. ⁷
Candida albicans	120 days. ⁷
Most viruses from the respiratory tract (eg: corona, coxsackie, influenza, SARS, rhino virus)	Few days. ⁷
Viruses from the gastrointestinal tract (eg: astrovirus, HAV, polio- or rota virus)	60- 90 days. ⁷
Blood-borne viruses (eg: HBV or HIV)	>7 days.⁵

1. Beard-Pegler et al. 1988. J Med Microbiol. 26:251-5.

2. BIOQUELL trials, unpublished data.

3. Bonilla et al. 1996. Infect Cont Hosp Epidemiol. 17:770-2

4. Boyce. 2007. J Hosp Infect. 65:50-4. 5. Duckworth and Jordens. 1990. J Med Microbiol. 32:195-200.

6. French et al. 2004. ICAAC.

7. Kramer et al. 2006. BMC Infect Dis. 6:130. 8. Otter and French. 2009. J Clin Microbiol. 47:205-7.

9. Smith et al. 1996. J Med. 27: 293-302.

10. Wagenvoort et al. 2000. J Hosp Infect. 45:231-4. 11. Wagenvoort and Joosten. 2002. J Hosp Infect. 52:226-7.

Prior room occupancy increases risk

Study	Healthcare associated pathogen	Likelihood of patient acquiring HAI based on prior room occupancy (comparing a previously 'positive' room with a previously 'negative' room)			
Martinez 20031	VRE – cultured within room	2.6x			
	VRE – prior room occupant	1.6x			
Huang 2006 ²	MRSA – prior room occupant	1.3X			
	VRE – cultured within room	1.9X			
D	VRE – prior room occupant	2.2X			
Diees 20083	VRE – prior room occupant in previous two weeks	2.0X			
Shaughnessy 2008 ⁴ <i>C. difficile</i> – prior room occupant		2.4X			
Nseir 2010 ⁵	A. baumannii – prior room occupant	3.8x			
	<i>P. aeruginosa</i> – prior room occupant	2.1X			

1. Martinez *et al. Arch Intern Med* 2003; 163: 1905-12.

- 2. Huang et al. Arch Intern Med 2006; 166: 1945-51.
- 3. Drees *et al. Clin Infect Dis* 2008; 46: 678-85.
- 4. Shaughnessy. ICAAC/IDSA 2008. Abstract K-4194.
- 5. Nseir et al. Clin Microbiol Infect 2010 (in press).

Risk of SSI Increased in Nasal Carriers

- Nasal carriage only independent risk factor for S. aureus SSI in orthopaedic implant surgery
 - Kalmeijer et al, Infect Control Hosp Epidemiol 2000
- SSI rate 2-9x higher in carriers
 - Kluytmans et al, Clin Microbiol Rev 1997
 - Perl et al, Ann Pharmacother 1998
 - Wenzel et al, J Hosp Infect 1995
- In *S. aureus* SSI, *S.aureus* isolates from wound match nares 85% of time
 - Perl et al, N Engl J Med 2002

Risk Factors for S. Aureus SSI

- Observational study of 357 cardiac surgery patients
- 27% nasal carriers
- SSI rate 6.4%
 - *S. aureus* in 64%
 - 8/16 (50%) infections in nasal carriers
- Independent risk factors
 - Diabetes (RR 5.9)
 - Re-operation (RR 3.1)
 - S. aureus nasal carriage (RR 3.1)



[Munoz et al, J Hosp Infect 2008]

Risk of MRSA Nasal Carriage

- Case-control study of 308 vascular surgery pts (nasal swabs)
 - 11.4% MSSA carriers
 - 4.2% MRSA carriers
 - 2.9% on admission
 - 1.3% acquired in hospital
- Transfer from another dept or facility risk factors for MRSA carriage
- MRSA infection rate
 - 30.8% in MRSA carriers
 - 0.68% in non-carriers

[Morange-Saussier et al, Ann Vasc Surg 2006]

Recent MRSA epidemiology

"Our findings suggest that the referral of patients to different hospitals is a major cause of MRSA transmission around the country. This knowledge could help in finding ways to prevent the spread of infections."

 Researchers also found that the MRSA strain studied evolved from antibiotic-sensitive bacteria that existed more than 100 years ago.

Reference: McAdams, et al. Molecular tracing of the emergence, adaptation, and transmission of hospital-associated methicillin-resistant Staphylococcus aureus. *Proceedings of the National Academy of Sciences*, 2012

MRSA Increase Mortality Rate by 50%

- 1265 intensive care units in 75 countries
- 13,796 hospitalized patients.
- 999 patients were infected with Staphylococcus aureus
 - 494 (49%) with MRSA. The subjects were reassessed 60 days later.
- Patients infected with MRSA:
 - slightly older, cancer and chronic renal failure
 - once the results were adjusted for these and other factors in multivariate analysis, it became evident that infections with resistant staphylococci accounted for nearly a 50% increase in mortality

Reference: Hanberger H, et al. Increased mortality associated with meticillin-resistant Staphylococcus aureus (MRSA) infection in the Intensive Care Unit: results from the EPIC II study. International Journal of Antimicrobial Agents, 2011

Environmental Reservoirs

- MRSA infected/colonized pts contaminate rooms, contribute to endemic MRSA
- Prospective study of 25 MRSA pts
- Sampling of isolation rooms
 - 53.6% of surface samples positive
 - 28% of air samples
 - 40.6% of settle plates
- Isolates identical or closely related in 70% of patients



[Sexton et al, J Hosp Infect 2006]

Decolonization of Carriers

- Intranasal mupirocin (Bactroban)
- Eradicates nasal colonization in most patients
- Reduces S. aureus infections
 - Herwaldt, J Hosp Infect 1998; Kluytmans et al, Infect Control Hosp Epidemiol 1996; Tacconelli et al, Clin Infect Dis 2003 (dialysis)
 - Cimochowski et al, Ann Thorac Surg 2001; Kluytmans et al, Infect Control Hosp Epidemiol 1996 (Cardiovasc)
 - Gernaat-van der Sluis et al, Acta Orthop Scand 1998 (ortho)



Perl et al, N Engl J Med 2002 (mixed)

Mupirocin and the Risk of S. Aureus (MARS) Study

- University of Iowa Mupirocin Study
- Prospective randomized double-blind placebo-controlled
- 4020 enrolled, 3864 analyzed
 - Elective cardiothoracic, general, oncologic, gyn, neuro surgery
- Rate of S. aureus SSI (primary endpoint)
 - 2.3% in mupirocin pts
 - 2.4% in placebo pts
- Among nasal carriers, risk of nosocomial *S. aureus* infection decreased by half (7.7% to 4.0%)

[Perl et al, N Engl J Med 2002]

Preoperative Decolonization

- University of Pittsburgh
- Prospective observational study
- Total joint arthroplasty
- 1966 patients
 - 636 screened (nasal)
 - 23% MSSA (147/636)
 - 3% MRSA (17/636)
 - 1330 control (not screened)



[Rao et al, Clin Orthop Relat Res 2008]

Rate of MRSA and MSSA in Surgeons and Residents

- Schwarzkopf, et al: MRSA and MSSA in nares of physicians at the Hospital for Joint Diseases in New York.
 - Ran Schwarzkopf, Richelle C. Takemoto, Igor Immerman, James D. Slover, and Joseph A. Bosco Prevalence of Staphylococcus aureus Colonization in Orthopaedic Surgeons and Their Patients: A Prospective Cohort Controlled Study J Bone Joint Surg Am. 2010;92:1815-1819
- 74 surgeons and 61 residents screened

Surgeons:	MRSA 2.7%	and MSSA 23.3%
Residents:	MRSA o%	and MSSA 59%
Control Group of Patients:	MRSA 2.17%	and MSSA 35.7%

- Previous studies 3% of MRSA outbreaks are caused by asymptomatic colonized health-care workers.
- Vonberg RP, Stamm-Balderjahn S, Hansen S, Zuschneid I, Ruden H, Behnke M, Gastmeier P. How often do asymptomatic healthcare workers cause methicillin-resistant Staphylococcus aureus outbreaks? A systematic evaluation. Infect Control Hosp Epidemiol. 2006;27:1123-7

New England Baptist Hospital Boston, MA



Experience with a MRSA and MSSA Elimination Program for Orthopedic Surgery

First Thing We did at NEBH **Obtained Anonymous Nasal Swabs**

- February 2006--133 anonymous nares cultures after patient anesthetized
- Results:
- *S. aureus* (29%)
- MRSA (4%)
- all previously undiagnosed



*no contact precautions were used in OR,

PACU or nursing units

*Cefazolin used for antibiotic prophylaxis - instead of Vancomycin for **MRSA** patients

Developed Screening Proposals

- February 2006 prepared three screening proposals with costs
 - Traditional nasal cultures 3 day results 1)
 - \$245,000.00
 - Purchase rapid PCR equipment 2)
 - \$337,338.00
 - Lease rapid PCR equipment 3)
 - \$259,990.00
- March 2006 Board approved Cepheid GeneXpert equipment purchase

Implementation – 8 Months

- March October 2006
 - Weekly meetings:
 - surgical services, infection control, micro, administration, & medical staff members
 - July 2006 letter to surgeons
 - July 17, 2006 initiated pilot on Spine Service
 - August 2006 letter to medical staff
 - September 2006 initiated universal program for all inpatient surgery

Policy & Procedure Development

- Protocol developed for all departments & units affected
 - OR Scheduling
 - Patient Access
 - Prescreening Unit
 - Pre-surgical unit
 - OR
 - PACU
 - Nursing Units
 - Microbiology Lab
 - Ancillary Departments: Housekeeping, Central Transport, Radiology, etc.



Pre-Screening Best Done with Rapid Technology: Polymerase Chain Reaction (PCR)

- Instruct staff on how to obtain a nares specimen with proper swabs
- Lab differentiation of the colonized nasal screens from routine clinical cultures.
- Molecular lab up and running in a short time frame with crosstraining of staff to Cepheid GeneXpert
- I hour result for MRSA and MSSA
- Reporting system and broadcast to appropriate departments and individuals



Topical Decolonization Protocol

- Patients called by PASU to initiate treatment protocol
- Repeat call to document compliance
- MRSA carriers re-screened prior to surgery
- Contact precautions if 2nd MRSA screen positive
- Vancomycin for surgical prophylaxis all patients with history of MRSA carrier status or positive PCR for MRSA



Implement Decolonization Protocol

- 5-day application of intranasal 2% mupirocin - applied twice daily - for MRSA <u>and Staph aureus</u> positive patients
- Daily body wash with chlorhexidine





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Institutional Prescreening for **Detection and Eradication of MRSA in Patients Undergoing Elective Orthopedic Surgery** PRESCREENING UNIT (PASU) Patient is screened for Staph aureus and Methicillin-resistant Staph aureus (MRSA) Staph aureus MRSA + Flagged in Meditech as MRSA-SCR Placed on the MRSA list on N Drive Treated with 2% mupirocin (Bactroban) for five days and Treated with 2% mupirocin (Bactroban) for five days and five days of body bathing with chlorhexidine (eg Hibiclens) five days of body bathing with chlorhexidine (eg Hibiclens) No further screens or precautions are necessary Second nasal screen obtained before surgery MRSA -MRSA + MRSA-SCR flag is removed from Meditech MRSA-SCR flag changed to MRSA Vancomycin administered as surgical prophylaxis - pre-Vancomycin administered as surgical prophylaxis pared in Bond Center one hour before surgery prepared in Bond Center one hour before surgery No precautions or additional nasal screens are necessary Contact Precautions are implemented and used throughout the hospitalization Three negative cultures required to be removed from precaution list

Pre-op MRSA and S. aureus Decolonization

Results:

- **Timeframe**: July 17, 2006 through September 2010
- **Infection rate**: 20,065 patient screened

5,988 (23%)positive for Staph aureus1,027 (4%)positive for MRSA

 Effectiveness: Repeat nasal screens on MRSA patients revealed 77% elimination

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Institutional Prescreening for Detection and Eradication of MRSA in Patients Undergoing Elective Orthopedic Surgery (cont'd)

	Study Period 7/2006-9/2007	Control Period 10/2005-7/2006	<i>P</i> Value
n	7019	5293	
MRSA infection	4 (0.06%)	10 (0.19%)	0.0315
MSSA infection	9 (0.13%)	14 (0.26%)	0.0937
Total SSIs	13 (0.19%)	24 (0.45%)	0.0093

First Year Results: 60% Reduction in MRSA SSIs , 50% Reduction in MSSA



Despite Decolonization and Vancomycin -Increased Risk



- MRSA colonized patients had an increased risk of SSI
- Seven (7) *Staph aureus* infections in 2712 positives
 Seven (7) MRSA infections in the 576 positives
 1.21%
- Seven (7) MRSA infections in the 576 positives 1.21%
 Statistically significant difference p=<.05

Intangible Benefits

- Viewed by patients and community as positive pro-active infection control measure by staff, patients, family members & media
- Allows additional patient education
 - on importance of hand hygiene
 - prevention of SSI measures
 - infection control measures in home to reduce transmission of MRSA & *S. aureus*

Concern: Mupirocin Resistance

Recent Mupirocin Research

- Korea: 27/193 (14%) MRSA clinical isolates [Ann Dermatol 2012 Feb;24(1):32-8. Epub 2012 Feb 2]
- US: low level resistance, 13/131 (6.8%) [J Clin Microbiol 2011 Jan; 49(1):95-100. Epub 2010 Nov 17]
- China: low level resistance in CA-MRSA, 2.3% [J Med Microbiol 2012 May 17]
- US: 3.4% of MRSA carriers, and high-level MR was noted to occur in 0.62% of carriers [J Clin Microbiol. 2009 Jul;47(7):2279-80. Epub 2009 May 27]

Bundled Approached to Work Toward Zero HAIs

Bundles to Reduce HAIs

- Ventilator Associated Pneumonia Bundle (VAP)
 - CHG oral rinse and care q2-4 hrs
 - Increase head of bed
 - Daily assessment weaning vacation
 - Proton pump inhibitors
 - VAP Checklist
- Central Line Associated Blood Stream Infection Bundle (CLABSI)
 - CL Check list
 - Maximal Barrier Kits
 - Alcohol cap hub protectors
 - Daily line necessity assessment
- Catheter Associated Urinary Tract Infections (CAUTI)
 - Bundle approach closed systems, antimicrobial catheter, daily catheter needs assessment

MRSA Bundle

- Rapid diagnostics with PCR for MRSA before admission and surgery
- Good hand hygiene and equipment disinfection
- CHG bathing in patients with central lines, foleys and on ventilators
- CHG pre-op bathing/showers
- CHG skin prep
- Antibiotic stewardship
- Contact Precautions
- Enhanced environmental cleaning

Clostridium Difficile

- Rapid diagnostics for C difficile with PCR
- Hand hygiene = hand washing
- Special Contact Precautions
- Environmental disinfection with bleach
- Enhanced environmental disinfection with high rates (ultraviolet lights, vaporized hydrogen peroxide)
- Antibiotic stewardship
- Disinfection of equipment with bleach wipes
- Use of probiotics and fecal implants

Hand Hygiene – Sanitize vs Wash

- Important to make product easily accessible and visible
- Develop hand hygiene observation process use "secret shoppers" concept to collect data
- Electronic hand hygiene systems now available
- Reinforcement must be consistent
- Encourage more hand washing less sanitizing so they are just sanitizing the bioburden

Make it Fun, Consistent and Reinforced

Hand Hygiene Educational Program FY03-FY10

Infection Control – Educational Foundation: Social Learning Theory

- Role Modeling
- Self-Efficacy
- Reinforcement (BF Skinner)
- Contracting (BF Skinner)
- Reciprocity (BF Skinner)

(A.Bandura) (A.Bandura)



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Unit Based Champions: Infection Control Liaisons Role Models, Positive Deviance, Empowerment of Staff

- Unit- and Department-based liaisons or champions
 - Role Models and Responsibilities enhance self-efficacy
 - Participate in educational activities
 - Hand hygiene observations
 - Direct care observations
 - Communicate information to staff
 - Assist in implementing practice change
 - "Call-out" breaks in techniques
 - Attend monthly meetings
 - Contribute to an annual "Bug Beat Fair"
 - Participate in Performance Improvement Studies
 - Clinical ladder for professional advancement

National Association of Orthopedic Nurses, May 2006 Poster Presentation:

Spencer, et al: The Bug Beat Fair: An Innovative Infection Control Educational Campaign in An Orthopedic Specialty Hospital

Engage Your Staff: Got Soap?

- Engaged the OR staff in a *Got Soap*?Campaign
 - OR Nurses
 - Surgeons
 - Administration
- Used shaving cream for soap and used medical photographer





Creative Themes and Posters



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Prevention of Orthopaedic Perioperative Infection

- Antibiotics to reduce SSIs
 - Preoperatively
 - Postoperatively (elective surgery/surgical treatment closed fractures): continue antibiotics no longer than 24 hours
- Preoperative antisepsis (patient and surgeon): chlorhexidine gluconate
- Elective total joint replacement
 - Closed suction drainage is not warranted and is associated with an increased relative risk of transfusions
 - Drains left in situ for more than 24 hours are at an increased risk for bacterial contamination
- Occlusive dressings
- Control blood glucose levels, oxygenation, and the temperature of the patient
 Fletcher JBJS 2007





Nicholas Fletcher, MD, D'Mitri Sofianos, BS, Marschall Brantling Berkes, BS, and William T. Obremskey, MD, MPH Vanderbilt Orthopedic Trauma, Nashville, TN

#1 – Safe Operating Room?

*traffic control, number in room
*air handling systems, filtration, grills
*SCIP: hair clipping, warmers, oxygenation,
*surgical prophylaxis, Foley catheter removal 48 hrs
*room turnover and terminal cleaning
*instrument cleaning/sterilization process
*surgical prophylaxis – timing, duration
*storage of supplies, clean supply bins, carts, tables, stationary equipment

AORN Recommended Practices

*Preoperative Patient Skin Antisepsis. AORN, 2008:537-553.

- *Environmental Cleaning in the Perioperative Setting. In: AORN, 2012: 237-250.
- *Surgical Tissue Banking. In: AORN, 2008:599-613.
- *Surgical Hand Antisepsis. In: AORN, 2008:397-406.
- *Cleaning and Care of Instruments and Powered Equipment: AORN, 2008:421-445.
- *High Level Disinfection. AORN, 2008:303-309.
- *Cleaning and Processing Anesthesia Equipment. AORN, 2008:275-284
- *Sterilization in the Perioperative Setting. AORN, 2008:575-284 *Hand Hygiene in the Perioperative Setting. AORN, 2011;p. 73–8
- *Perioperative Management of Multiple Drug Resistant Organisms. AORN Journal, Volume 86, Issue 3, Pages 361-372, September 2007
- * Surgical attire AORN, 2011;p. 57–72

US: Surgical Care Improvement Program (SCIP)

- Surgical Care Improvement Project (SCIP) a national quality partnership committed to improving patient safety by driving down postoperative complications by 25% by 2010
- Estimated that hospitals can prevent an estimated 13,000 patient deaths and 271,000 surgical complications each year (AORN J 86 (July 2007)94-101)
- SCIP is a national priority of the
 - Institute of Healthcare Improvement (IHI) 10,000 lives Campaign
 - The Joint Commission
 - The Centers for Medicare and Medicaid Services (CMS).

SCIP	Core	V	leasure Set

Set Measure ID No.	Description
SCIP Inf-1	Prophylactic antibiotic received within 1 hour prior to surgical incision
SCIP Inf-2	Prophylactic antibiotic selection for surgical patients
SCIP Inf-3	Prophylactic antibiotics discontinued within 24 hours after surgery end time
SCIP Inf-4	Cardiac surgery patients with controlled 6 AM postoperative blood glucose
SCIP Inf-6	Surgery patients with appropriate hair removal ^a
SCIP Inf-9	Urinary catheter removed on postoperative Day 1 or postoperative Day 2 with day of surgery being Day o ^a
SCIP Inf-10	Surgery patients with perioperative temperature management ^a
SCIP Card-2	Surgery patients on beta-blocker therapy prior to arrival who received a beta- blocker during the perioperative period
SCIP VTE-1	Surgery patients with recommended venous thromboembolism prophylaxis ordered
SCIP VTE-2	Surgery patients who received appropriate venous thromboembolism prophylaxis within 24 hours prior to surgery to 24 hours after surgery

^aAccountability evaluation

Centers for Medicare & Medicaid and The Joint Commission. Specifications Manual for National Hospital

7 "S" Bundle to Prevent SSI



Screen for SSI Risk Factors: Intrinsic/Extrinsic

- Duration of operation
- Duration of surgical scrub
- Preoperative shaving, skin preparation
- Inadequate OR ventilation
- Inadequate sterilization of instruments
- Skin antisepsis
- Antimicrobial prophylaxis
- Surgical drains

Mangram et al. *Infect Control Hosp Epidemiol.* 1999;20(4):250-278.

- Surgical technique
 - Poor hemostasis
 - Failure to obliterate dead space
 - Tissue trauma
- Obesity
- Diabetes



Tissue kept moist with saline heals better



Tissue allowed to air dry does not heal as well

Reducing Risk of SSIs – W.H.O.

Risk factors for surgical site infections	Prevention
Patient	Avoid operating on very old or very young as they
Age	are at higher risk for developing infections
Nutritional status	Build a good nutritional status
Diabetes	Control and maintain blood sugar levels
Smoking	Cessation of smoking at least one month prior to
	surgery
Obesity	Reduce weight prior to surgery
Co-existent infections in a remote body site Colonization with micro-organisms	Treat adequately before operation Screen and treat carriers; avoid pre-operative shaving
Altered immune response	Boost immunity if possible
Length of preoperative stay	Avoid long stay in hospital
Operational procedures	<u>Guidelines</u>
Duration of surgical scrub	2 minutes as effective as 10 minutes
Skin antisepsis	Use povidone-iodine / chlorhexidine gluconate
Pre-operative shaving	Avoid if possible or shave immediately prior to operation
Preoperative skin preparation	Allow drying of antiseptic
Duration of operation	Keep procedures as short as possible
General factors	Guidelines
Antimicrobial prophylaxis	Give suitable antimicrobial cover
- ··· ···	

Operating room ventilation Inadequate sterilization of instruments Give suitable antimicrobial cov Adhere to specifications below Monitor CSSD processes

7 "S" Bundle to Prevent SSI

SAFETY - IN THE OPERATING ROOM

SCREEN - FOR RISK FACTORS, PRESENCE OF MRSA & MSSA

SHOWERS – PRE-OP WITH CHLORHEXIDINE SOLUTION OR BATH CLOTHS

SKIN PREP WITH CHLORHEXIDINE AND 70% ALCOHOL

SOLUTION TO POLLUTION IS DILUTION – WITH CHLORHEXIDINE IRRIGANT (0.05%)

SUTURES – ANTIMICROBIAL (WITH TRICLOSAN)

SKIN CLOSURE – TOPICAL SKIN ADHESIVES OR ANTIMICROBIAL DRESSINGS: (PHMB), SILVER

Decolonization of Skin Prior to Surgery

- Distribution of 4 oz chlorhexidine
- CHG impregnated washcloths





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Evidence for Preoperative Skin Cleansing with CHG







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Review Article

Preoperative chlorhexidine shower or bath for prevention of surgical site infection: A meta-analysis

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Antisepsis with Chlorhexidine

- 2% CHG/70% alcohol skin preparation
 - Has a lasting effect on the skin
 - ~ 2 days post-op
 - Iodophors are fast kill but no long term residual effect like CHG
 - CHG dry time is 3 minutes (to prevent fires)
- Evidence that chlorhexidine/alcohol achieves better skin antisepsis than iodophor

Darouiche et al NEJM 2010 Ostrander et al JBJS Am 2005 Saltzman et al JBJS Am 2009







Evidence for Use of CHG/Alcohol Skin Prep versus Iodine to Prevent SSIs



CHICAGO JOURNALS



Systematic Review and Cost Analysis Comparing Use of Chlorhexidine with Use of Iodine for Preoperative Skin Antisepsis to Prevent Surgical Site Infection • Author(s): Ingi Lee, MD, MSCE; Rajender K. Agarwal, MD, MPH: Bruce Y. Lee, MD, MBA: Neil O. Fishman, MD: Craig A. Umscheid, MD, MSCE Reviewed work(s): Source: Infection Control and Hospital Epidemiology, Vol. 31, No. 12 (December 2010), pp. 1219-1229 Published by: The University of Chicago Press on behalf of The Society for Healthcare Epidemiology of America Stable URL: http://www.jstor.org/stable/10.1086/657134 Accessed: 18/07/2012 12:07

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Chlorhexidine–Alcohol versus Povidone– Iodine for Surgical-Site Antisepsis

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N ENGL J MED 362;1 NEJM.ORG JANUARY 7, 2010



New Chlorhexidine Irrigation Solution



- Meets American College of Emergency Physicians (ACEP) guidelines for wound irrigation volume and pressure
- Proprietary SplatterGuard protects healthcare workers, patients and the environment from biohazard contamination
- Chlorhexidine Gluconate 0.05% demonstrated antimicrobial efficacy and persistence in laboratory testing
- The mechanical action effectively loosens and removes wound debris
- Safe for mucous membranes approved by FDA
- www.irrisept.com

Effectiveness of 0.05% Chlorhexidine Gluconate (CHG) Against Selective Multidrug Resistant (MDR) Surgical Pathogens: An *In-vitro* and *In-vivo* Analysis

- RESULTS: In-vitro analysis revealed > 99.99993% log-reduction in MDR isolates (MRSA, E. faecium, K. pneumoniae, E. aerogenes, E. coli and A. baumannii) following 1-min exposure to 0.05% CHG.
- There was a significant (*p=0.001*) reduction in the number of *in-vivo* infected mesh segments in the 0.05% CHG irrigated group (1/8, mean 1.91 log₁₀ cfu/mesh segment) compared to the saline group (8/8, mean 5.51 log₁₀ cfu/mesh segment).
- CONCLUSIONS: At a concentration of 0.05% CHG is a potent biocide resulting in a significant log-kill of selective MDR surgical pathogens. Furthermore, irrigation of contaminated (MRSA) mesh with 0.05% CHG was effective (*p=0.001*) in reducing the risk of device-related infection in an *in-vivo* animal model.
- Further clinical studies are warranted documenting the efficacy of this practice as an effective risk reduction strategy prior to wound closure.
- Edmiston, Abstract Presentation ACS 2012

Impact of Intraoperative Irrigation on Resolution of Mesh Contaminated Animal Model

Study Group	Irrigation Fluid	Bacterial Isolates		Initial Challenge		Study Population , N = animals at 7 days	
1	Saline (Control)	MRSA		~3.7 log ₁₀ CFU		8	
2	0.05% CHGª	MRSA		~3.7 log ₁₀ CFU		8	
Study Group	Positive Recovery at 7 days (log ₁₀ CFU)		Negative Recovery at 7 day (log ₁₀ CFU)		Bio (Io	Biofilm Formation (log ₁₀ CFU)	
Saline	8/8, 4.26 log ₁₀ CFU		No, o/8		8/8, 6.3 log ₁₀ CFU		
0.05% CHG	1/8 ,1.8 log ₁₀ 0 <i>p<0.001</i>	1/8 ,1.8 log ₁₀ CFU <i>p<0.001</i>		Yes, 7/8		2/8, 2.6 log ₁₀ CFU <i>p<0.01</i>	

^a Irrisept®

Edmiston CE, et al., In Press 2012 Am J Infect Control



Uncontrolled Risk Factor: Bacterial colonization of the suture

- Like all foreign bodies, sutures can be colonized by bacteria:
 - Implants provide nidus for attachment of bacteria¹
 - Bacterial colonization can lead to biofilm formation¹
 - Biofilm formation increases the difficulty of treating an infection²



- 1. Ward KH et al. J Med Microbiol. 1992;36: 406-413.
- 2. Kathju S et al Surg infect. 2009;10:457-461
- 3. Mangram AJ et al. Infect Control Hosp Epidemiol.1999;27:97-134..

On an implant, such as a suture, it takes only 100 staphylococci per gram of tissue for an SSI to develop³

Potential for Contamination of Sutures at End of Case



Suture with Staphylococcus colonies

Air settling plates in the operating room at the last hour of a total joint case



Antibacterial Sutures: Impact in a Real-World Setting

- Antimicrobial sutures not only kill bacteria on the suture, but also create an inhospitable environment around the suture
- NEBH studied the "zone of inhibition" around the suture
 - A pure culture—0.5 MacFarland Broth—of *S. aureus* was prepared on a culture plate
 - An antibacterial suture was aseptically cut, planted on the culture plate, and incubated for 24 hrs





Traditional suture

Antimicrobial suture

Plus Antibacterial Sutures: Prospective Independent Evaluation

- NEBH : One Year Prospective Study of 3786 Total Joints and Antimicrobial Sutures
 - In July 2005, full-year evaluation of antibacterial sutures
 - Changed product over July 4th holiday and did not tell all surgeons (only those involved with study)
- At the end of the year-long trial period:
 - 45% reduction in SSIs caused by Staph aureus and MRSA
 - Infection rate dropped from 0.4% to 0.3% with three less infections
 - Cost effective reduction for small increased cost of sutures

NAON Poster Presentation - 2010

Spencer M, et al: Reducing the Risk of Orthopedic Infections: The Role of Innovative Suture Technology₇₇

Meta-Analysis

4-033 Is Antimicrobial Closure Technology a Clinically Effective Strategy for Reducing the Risk of Surgical Site Infections (SSI): A Meta-Analysis?

Charles E. Edmiston, Jr, PhD, CIG¹, David Leaper, MD², Frederic C. Daoud, MD, MSc³, and Martin Weisberg, MD⁴ ³Department of Surgery, Medical College of Wisconsin, Minaskee, Wisconsin, USA, Department of Surgery, Targenial College, London, England, ³Director of Biostatistics & Bioinformatics, Medeatens Ltd., Paris, France & London, England, "Ethicon, Inc, Somerville, NJ, USA

Introduction

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Methods

Systematic Literature Search: The Codmine Calaborative handbook terned the basis for the analysis, Center for Evidence-Based Medicine (CEMB) at the

 Application is asserb to intentity randomized sentral trials (RCT) was performed on Publied, Embase/Medime, the Cochrane database group (Central Register of Controlled Trais, Cochesne Database of Stefenstic Review, Health Economic

- Evaluations Database and Database of Health Technology Assessments) and www.clinicalitalit.gov using their own search engines. References obtained with abstracts, keywords and roles were
- exported to Endhote (Endhote XS Thompson-Reuters, Gerb Ised, CA, USA). Duplicate reference were identified using the software's default reference and shortlists sublications were arrespond

suparately by two practiceng physicians, a surgeon and a healthness replantionization. Data settencion applied to al eligible RGTs and consisted of shurly design. The number of planets in the thosen vacated and non-articlecturis subur some, or back-asioulding it from varial sample step parentaging particle parts and provide with postsurgical interfactor or back-asioulding it from the shurp area. Interfact Analysis: measure of effect doesn in this meta-analysis the data (2015). The main analysis performed to the solution of the other analysis performed to the solution of the other analysis and the measurement of the solution of the solution of the measurement of the solution of

> ant clinical trials were identified from rewood literature. alwais of SSIs in the triclosan coated

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 - (Figure 3). The Egger regression intercept test demonstrated an intercept that was no significantly different from zero, which was consistent with the funnel plat.

Conclusion

- The results of this meta-analysis document that the null hypothesis (R) use of Violana could solutes have a similar risk of 550 km on on-official solutions; so use hypothesis of 1. use of Violana could solutions have a reduced risk of the solution than one analysis of the solution shares a reduced risk of the solution than one analysis in the solution. The solution that one analysis is the solution that the solution that one analysis of the solution that the solution that the solution to the solution that the solution to the solution that the solution to the solution to the solution to the solution that the solution to the solution the solution to the solution the solution to the solution to
- 492, 95% confidence interval of 8.21 8.25), he endence lines of this conclusion according to the CEBM rating method is 1a, he significance of the findings of this meta-analysis has shown that ambactarial-cost trans technologies is an effective actuactive interventional interacts for setuction the risk

- Evidence-Based Medicine is a Moving Target: Increasing the number of Randomized Controlled Trials (RCTs) evaluated to 9
- Two additional RCTs (Williams et al. and Barace et al.) met the inclusion onter defined in the protocol as well as against the eligibility ontaria of the CEBM checkling."
- One study compared indexam-outled polydioxenone subures versus nonbiolosan polydioxenone subures; another compared triclosan-coated polygiac or polydioxeprone subures in one arm versus identical but non-ambacterial comparates.
- Compandom a Riscts model (Figure 4) demonstrated a random affects RR of 0.419, with a 95% confidence interval of 0.419 - 0.91%, indicating a statistically significant induction is the risk of 551 when trickscam-coaled autures were companed with momenticativity and new (or a 0.017).
- Compare with non-interconcentration (c) = 0.0171; A shault analysis of the Longitud (c) (Figure 2) (newsish a mild asymmetry with one more shady sositered on the left than on the right side with the Egger intercept test (news not statistically significant; non-tabled p= 0.507). These findings suggers no publication bias.
- This supplemental analysis suggests that use of triclosan-coaled polyglactin subres to reduce the risk of SSI is nated as evidence level 1% according to the CEEM classification. Evidence concerning triclosan-coaled polyfickanone subtrue based upon a lingin RCT is nated as CEEM evidence-level 1%.





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Edmiston, et al. APIC June 2012

Results_

Meta-analysis of 12 eligible RCTs



Pooled Risk Ratio - Random Effects Model



Post-op Skin Issues in Orthopedics



Anterior fusion with tape burns



Contaminated steri-strips



Posterior fusion with contaminated steri-strips

Obesity and Surgical Incision

- Incision collects fluid serum, blood - growth medium for organisms
- Spine fusions -incisions close to the buttocks or neck
- Heavy perspiration common
- Body fluid contamination from bedpans/commodes
- Friction and sliding skin tears and blisters
- Itchy skin due to pain medications - skin breakdown





Incisional Adhesive Border and Healing -6 Weeks Post-op and Beyond



Incisional Adhesive on Total Knee Incision



Clinical Use of Incisionial Adhesive in Orthopedic Total Joints





<u>Hip:</u> Sealed with adhesive covered with gauze and transparent dressing for incision protection

<u>Knee</u>: Sealed with incisional adhesive, covered with Telfa and a transparent dressing for incision protection





Healed incision



Incisional Adhesive and Total Shoulder Replacements



NEBHTotal Shoulder Rates



- Propionibacterium acnes related total shoulder replacement infections (TSR)
- Eliminated the use of staples for TSR
- Instituted the use of incisional adhesive
- Covered dressing until day of discharge for protection

RESULTS – SURVEILLANCE DATA

Increase in CA-MRSA admissions and decrease in HA-MRSA





Reducing Risk Factors for SSIs: Real World Success

Results of comprehensive approach to addressing SSI risk factors at New England Baptist Hospital in Boston

J								
GENERAL SSI	FY03	FY04	FY05	FY06	FY07	FY08	FY09	FY10
# Infections	6	1	3	4	2	2	1	0
# Procedures		1073	920	780	692	567	467	425
Infection Rate	0.6	0.1	0.4	0.5	0.3	0.3	0.2	0
ORTHOPEDIC SSI								
# Infections	63	60	49	46	39	37	28	32
# Procedures	8837	9669	9216	8986	9027	8884	8890	9839
Overall Infection Rate	0.7	0.6	0.5	0.5	0.4	0.4	0.3	0.3
#Hip Infections	14	5	4	7	5	5	10	9
Hip Prosthesis Rate	1.0	0.3	0.2	0.4	0.3	0.3	0.5	0.4
#Knee Infections	21	14	11	7	7	11	9	9
Knee Prosthesis Rate	1.6	1.0	0.7	0.4	0.3	0.5	0.4	0.3
#Laminectomy Infec.	6	9	7	7	12	4	0	3
Laminectomy Rate	0.7	0.9	0.6	0.8	1.3	0.5	0.0	0.5
#Spinal Fusions Infec.	5	15	12	12	5	5	3	3
Spinal Fusion Rate	0.8	2.0	1.4	1.1	0.4	0.4	0.3	0.3
Other infections		17	15	13	12	10	6	8
Other infection rate			0.4	0.4	0.4	0.3	0.2	0.2

Thank You

